

Directions to Wakefield Office Village and Accommodation/ Local Area Information

Unit 3, Wakefield Office Village

Fryers Way

Wakefield

WF5 9TJ

Further information and application forms for any of our courses are available from our Administration Team:

Administration: 0113 246 6332 sht-tr.nepsec@nhs.net

Business Manager: Zoe Marshall 0113 246 6331 zoe.marshall@nhs.net

www.nepsec.org.uk

Director: Dr Panagiota Kitsanta FRCPATH, PG Cert (Med Educ), MBA (Med Leadership)

Training Centre Manager: Peter Heptinstall PG Cert, MSc, CSci, FIBMS, CT-IAC

The North of England Pathology and Screening Education Centre (NEPSEC) is located on the Wakefield Office Village development in the North Quadrant of Silkwood Park. Silkwood Park is situated immediately off junction 40 of the M1 motorway providing excellent accessibility to the region.

Directions to the training centre by car

From the East or West follow M62 to Junction 29 and take M1 South, then follow M1 South to Junction 40 sign posted A638 Wakefield/Dewsbury



From the North follow M1 South to Junction 40 and take the first exit signposted A638 Wakefield



From the South follow M1 North to Junction 40 and take the third exit signposted A638 Wakefield



After joining the A638 towards Wakefield, take the first left turn signposted Flanshaw Trading Estate/Silkwood Park



At the roundabout take the second exit onto Fryers Way. You should have Ramada Hotel on your right hand side.



After joining Fryers Way, take the first left turn into Wakefield Office Village.



The training centre is Unit 3 and has designated parking spaces to the side of the building.

Directions to the training centre on foot from the nearby hotels

As car park spaces at the training centre are limited, If you are staying in one of the nearby hotels, you are advised to leave your car in the hotel car park and walk to the training centre. The centre is a short walk from both Ramada Wakefield and also Holiday Inn Express Wakefield.

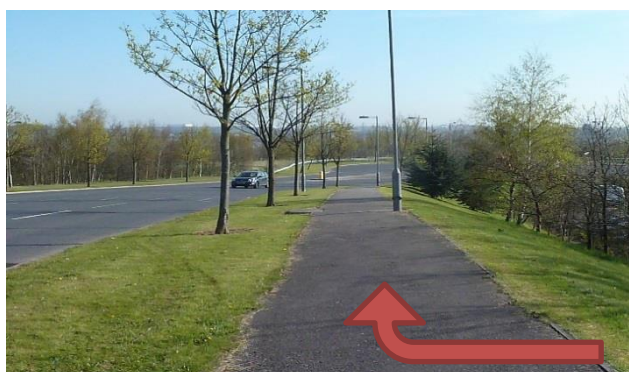
From the **Ramada Wakefield** cross the car park to the road, which is named Fryers Way. Turn right and then turn left onto Wakefield Office Village.



From the **Holiday Inn Express Wakefield** entrance/exit cross the road and turn right up to the traffic lights. Cross the main road (A638) and turn left.



Follow the road to the next traffic lights, turn left signposted Flanshaw Trading Estate/Silkwood Park and continue to the roundabout before turning right onto Fryers Way



Take the first left onto Wakefield Office Village



Satellite Navigation

Use postcode WF5 9TJ, which will take you to Westgate Court, which is the office park opposite Wakefield Office Village.

Parking

Free limited car parking is available at Unit 3 Wakefield Office Village adjacent to the building. Spaces will be allocated on a first come first served basis. Please note the parking spaces are marked as 'NEPSEC'. Parking permits are **not** required.

Arriving by Rail

The nearest train station is **Wakefield Westgate** with services run from the south via London Kings Cross and north to Leeds and further North to York, Newcastle and Scotland. It also serves trains from Birmingham and the South West. Trains services from the East and North West are served via Leeds station.

The station is manned with an information kiosk, ticket office, cashpoint, refreshments and a newsagent. Snacks and drinks are also available from vending machines on the station platform. A taxi rank is available outside the station, advanced booking is not normally necessary, unless arriving early in the morning or late at night.

The taxi should take around 10 minutes depending on traffic and you should expect to pay approximately £10 (Satellite Navigation Code is WF5 9TJ). Below you will find some contact details for local taxi businesses:

Wakefield has a second station, **Wakefield Kirkgate** with services running from Knottingley, Sheffield and Nottingham. The station is a nice clean station, which is security manned with a small shop for refreshments. There is no ticket office, but there are ticket machines. There is no taxi rank outside the station, so advanced booking using the details below is strongly recommended.

An alternative route for those traveling from the west is to alight at **Dewsbury Station**, which is just 4 miles from the training centre, and take a taxi avoiding the need to travel into Leeds and out to Wakefield Westgate.

Local Taxis

Wakefield Cars – Tel: 01924 380000

Ace Taxis Wakefield – Tel: 01924 299992

Fleet – Tel: 01924 379615

By Bus

From Wakefield Westgate catch the bus service 268A (Wakefield to Bradford) and inform the driver that you need to alight at stop 450 Wakefield Road, Broadway (adjacent Calder Vets). From here it is an approximately 8-10 minutes walk to NEPSEC using the following directions:

- Walk in a north-westerly direction (towards M1) along A638
- After 120m, turn right into Goldsmith Avenue
- Take the footpath towards the entrance of the Total Fitness gym
- Cross the gym carpark towards its entrance gates onto Fryers Way
- Walking away from the gym entrance gates take the first right turn into Wakefield Office Village
- Arrive at NEPSEC, Unit 3 Wakefield Office Village

Accommodation in the Wakefield Office Village area:

Ramada Wakefield, Fryers Way, Silkwood Park, Ossett, Wakefield W5 9TJ

Reservations: +44 (0) 1924 274200

wakefield.hotel@welcomebreak.co.uk

The Ramada Hotel Wakefield is conveniently located at Junction 40 off the M1 Motorway and just a 5 minute walk away from the training centre.

This hotel offers spacious accommodation and modern amenities including free Wi-Fi and access to local fitness centre with pool and spa. Executive suites and non-smoking and disabled rooms are available. The hotel also has an on-site restaurant and lounge where you can enjoy full English or a continental breakfast. There are ample complimentary car parking spaces for hotel guests.

Holiday Inn – Wakefield M1 Jct 40, Queens Drive, Ossett, Wakefield WF5 9BE

Reservations: +44 (0) 871 942 9082

<http://www.ihg.com/holidayinn/hotels/gb/en/wakefield/xwdwy/hoteldetail>

The Holiday Inn Leeds-Wakefield sits close to Junction 40 of the M1 and around 10 minutes from the M62 offering easy access to NEPSEC, while Wakefield Westgate station is just two miles away. The hotel offers free parking, free WiFi, Bar and Restaurant.

Holiday Inn Express – Wakefield, Queen Street, Wakefield, WF1 1JU

Reservations: +44 (0) 1924 372111

<https://www.ihg.com/holidayinnexpress/hotels/gb/en/wakefield/xwdex/hoteldetail>

A modern hotel in the center of Wakefield, with free Wi-Fi and breakfast included. This hotel is NOT within walking distance to the Training Centre. Please note also car parking is limited and is allocated on a first come first served basis but is well paced for the railway station and more amenable for eating and shopping in Wakefield centre, being just a five-minute walk from Wakefield Westgate Station. The M1 and M62 motorways are still within a few miles of the hotel and Wakefield Bus Station is just a five-minute walk away.

A taxi to the training centre would take around 10-15 minutes

Premier Inn Wakefield Central, Thornes Park, Denby Dale Road, Wakefield WF2 8DY

Reservations: +44 (0) 871 527 9114

http://www.premierinn.com/gb/en/hotels/england/west-yorkshire/wakefield/wakefield-central.html?cid=GLBC_WAKHOL

The Premier Inn Hotel Wakefield Central is located in the centre of Wakefield being just 1 mile from Wakefield Westgate train station and only 3 miles from the training centre. The hotel offers free parking, free WiFi and restaurant

Premier Inn Wakefield South, Calder Park, Denby Dale Road, Wakefield WF4 3BB

Reservations: +44 (0) 871 527 9118

<http://www.premierinn.com/gb/en/hotels/england/west-yorkshire/wakefield/wakefield-south-m1-jct39.html>

The Premier Inn Hotel Wakefield South is conveniently location just off Junction 39 of the M1 and within easy reach of the M62 and only 3 miles from the training centre. The hotel offers free parking, free WiFi and restaurant

All of the above information is provided as guidance only to support travel plans for our visiting guests. None of the hotels have been checked by NEPSEC staff and you are advised to check with the individual hotels for further information.

Other useful websites:

www.wymetro.com/

www.nationalrail.co.uk/

<http://www.experiencewakefield.co.uk/>